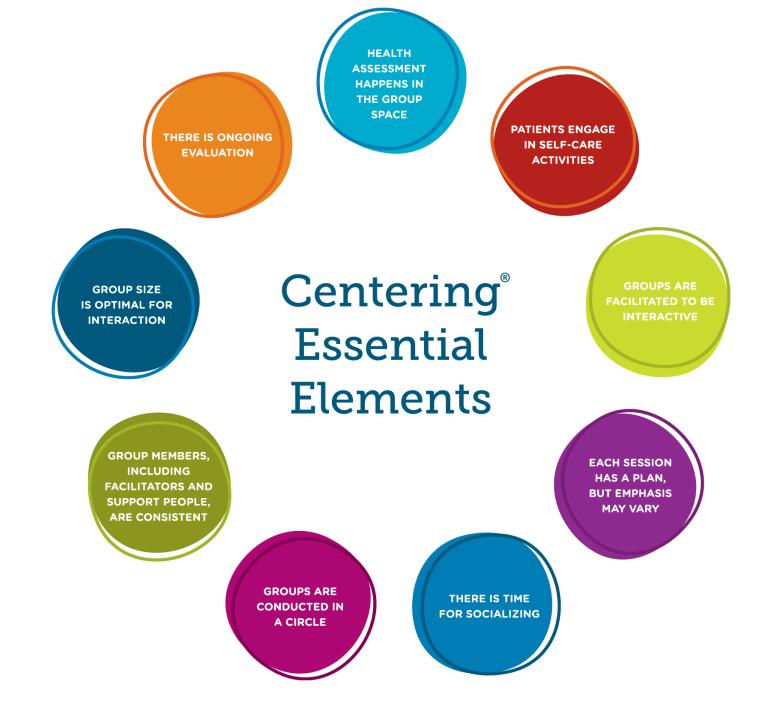


Improving health by transforming care through Centering groups

Lynn Scheidenhelm Marena Burnett

Centering® Healthcare Institute



HEALTH ASSESSMENT HAPPENS IN THE GROUP SPACE PATIENTS ENGAGE IN SELF-CARE ACTIVITIES

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THERE IS TIME FOR SOCIALIZING

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GROUPS ARE CONDUCTED IN A CIRCLE

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GROUP MEMBERS, INCLUDING FACILITATORS AND SUPPORT PEOPLE, ARE CONSISTENT

GROUP SIZE IS OPTIMAL FOR INTERACTION



Centerince

THERE IS ONGOING EVALUATION

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